

**WEEK 1**

# Prep School Menu

Spring Term 2026 First Half



Hollygirt School  
NOTTINGHAM

**JACKET POTATOES  
WITH VARIOUS  
FILLINGS AVAILABLE  
EVERY DAY**

**MON**

**TUE**

**WED**

**THU**

**FRI**

**MAIN OPTION 1**

**CHICKEN CURRY  
with  
CAULIFLOWER  
&  
BASMATI YELLOW RICE**

**SALMON CRUMBLE  
with  
CUT GREEN BEANS  
&  
BOILED POTATOES**

**ROAST BEEF IN GRAVY  
with  
MIXED VEGETABLES  
&  
GOLDEN ROAST  
POTATOES**

**SAUSAGES  
with  
MIXED VEGETABLES  
&  
MASHED POTATOES**

**CHICKEN GOUJONS  
with  
BAKED BEANS  
&  
BAKED POTATO  
WEDGES**

**MAIN OPTION 2**

**VEGETARIAN  
COTTAGE PIE  
with  
CAULIFLOWER  
&  
BABY POTATOES**

**BEAN CHILLI  
with  
CUT GREEN BEANS  
&  
WHOLEGRAIN RICE**

**LENTIL BOLOGNAISE  
with  
MIXED VEGETABLES  
&  
PENNE PASTA**

**CAULIFLOWER,  
SPINACH & LENTIL CURRY  
with  
MIXED VEGETABLES  
&  
BASMATI YELLOW RICE**

**CHICKPEA CURRY  
with  
SWEETCORN  
&  
WHITE RICE**

**MAIN OPTION 3**

**MACARONI CHEESE  
with  
CUT GREEN BEANS  
&  
BOILED POTATOES**

**VEGETABLE LASAGNE  
with  
MIXED VEGETABLES  
&  
CROQUETTE POTATOES**

**DESSERT**

**CHOCOLATE CHIP  
MUFFIN**

**STICKY  
TOFFEE PUDDING**

**CHOC CHIP PUDDING  
with  
SALTED CARAMEL  
SAUCE**

**SOMERSET  
APPLE CAKE**

**JAM SPONGE**

**DESSERT 2**

**DF & GF FRUIT  
COCKTAIL**

**GF ICE CREAM**

**GF CHOCOLATE  
SPONGE**

**GF CHOCOLATE  
MOUSSE**

**GF LEMON & ORANGE  
SPONGE**

**WEEK 1**
**Hollygirt School**  
 NOTTINGHAM
**ALLERGENS**

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Spring Term 2026 First Half

	MON	TUE	WED	THU	FRI
MAIN OPTION 1	CHICKEN CURRY <b>MUSTARD</b> CAULIFLOWER BASMATI YELLOW RICE	SALMON CRUMBLE <b>FISH, WHEAT, MILK</b> CUT GREEN BEANS BOILED POTATOES	ROAST BEEF IN GRAVY MIXED VEGETABLES GOLDEN ROAST POTATOES	SAUSAGES <b>WHEAT</b> MIXED VEGETABLES MASHED POTATOES <b>MILK</b>	CHICKEN GOUJONS <b>WHEAT</b> BAKED BEANS BAKED POTATO WEDGES
MAIN OPTION 2	VEGETARIAN COTTAGE PIE <b>MILK, EGG, BARLEY</b> CAULIFLOWER BABY POTATOES	BEAN CHILLI CUT GREEN BEANS WHOLEGRAIN RICE	LENTIL BOLOGNAISE <b>MUSTARD, SOYA</b> MIXED VEGETABLES PENNE PASTA <b>WHEAT</b>	CAULIFLOWER, SPINACH & LENTIL CURRY <b>MUSTARD</b> MIXED VEG BASMATI YELLOW RICE	CHICKPEA CURRY <b>MUSTARD</b> SWEETCORN WHITE RICE
MAIN OPTION 3		MACARONI CHEESE <b>WHEAT, MILK, MUSTARD</b> CUT GREEN BEANS BOILED POTATOES		VEGETABLE LASAGNE <b>WHEAT, MILK</b> MIXED VEGETABLES CROQUETTE POTATOES	
DESSERT	CHOCOLATE CHIP MUFFIN <b>WHEAT, SOYA, EGG</b>	STICKY TOFFEE PUDDING <b>MILK, WHEAT, EGG</b>	CHOC CHIP PUDDING with SALTED CARAMEL SAUCE <b>MILK, SOYA, WHEAT, EGG</b>	SOMERSET APPLE CAKE <b>WHEAT, EGG</b>	JAM SPONGE <b>WHEAT, EGG</b>
DESSERT 2	DF & GF FRUIT COCKTAIL	GF ICE CREAM <b>MILK</b>	GF CHOCOLATE SPONGE <b>EGG</b>	GF CHOCOLATE MOUSSE <b>MILK</b>	GF LEMON & ORANGE SPONGE <b>MILK, EGG</b>

# WEEK 2

## Prep School Menu

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NOTTINGHAM

JACKET POTATOES  
WITH VARIOUS  
FILLINGS AVAILABLE  
EVERY DAY

MAIN OPTION 1

MAIN OPTION 2

MAIN OPTION 3

DESSERT

DESSERT 2

MON

TUE

WED

THU

FRI

SWEET & SOUR CHICKEN with SWEETCORN & RICE	BEEF BOLOGNAISE with BROCCOLI & PENNE PASTA	SLICED ROAST CHICKEN IN GRAVY with CARROT TIPS & GOLDEN ROAST POTATOES	CURRIED LAMB, POTATO & TOMATO with MIXED VEGETABLES & BASMATI YELLOW RICE	FISH GOUJONS with PEAS & OVEN CHIPS
MACARONI CHEESE with SWEETCORN & SAUTE POTATOES	THAI RED CURRY WITH CHICKEN STYLE PIECES with BROCCOLI & WHOLEGRAIN RICE	VEGAN SAUSAGES with CARROT TIPS & MASHED POTATO	VEGETABLE TIKKA MASALA with MIXED VEGETABLES & BASMATI YELLOW RICE	LENTIL BOLOGNAISE with PEAS & PENNE PASTA
FISH PIE with SWEETCORN & SAUTE POTATOES	CAULIFLOWER, SPINACH AND LENTIL CURRY with BROCCOLI & WHOLEGRAIN RICE		TORTELLONI IN TOMATO & BASIL SAUCE with MIXED VEGETABLES & SAUTE POTATOES	
GF CHOCOLATE SPONGE	SUMMER FRUIT SPONGE	APPLE CRUMBLE	GF LEMON & ORANGE SPONGE	HOT CHOCOLATE BROWNIE
	GF STRAWBERRY SUNDAE	GF RICE PUDDING	DF CHOCOLATE CHIP MUFFIN	GF CHOCOLATE SPONGE

**WEEK 2**
**Hollygirt School**  
 NOTTINGHAM
**ALLERGENS**

# Prep School Menu

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	MON	TUE	WED	THU	FRI
MAIN OPTION 1	SWEET & SOUR CHICKEN SWEETCORN RICE	BEEF BOLOGNAISE BROCCOLI PENNE PASTA WHEAT	SLICED ROAST CHICKEN IN GRAVY CARROT TIPS GOLDEN ROAST POTATOES	CURRIED LAMB, POTATO & TOMATO MUSTARD MIXED VEGETABLES BASMATI YELLOW RICE	FISH GOUJONS FISH, WHEAT PEAS OVEN CHIPS
MAIN OPTION 2	MACARONI CHEESE WHEAT, MILK, MUSTARD SWEETCORN & SAUTE POTATOES	THAI RED CURRY WITH CHICKEN STYLE PIECES SOYA, WHEAT BROCCOLI WHOLEGRAIN RICE	VEGAN SAUSAGES WHEAT CARROT TIPS MASHED POTATO MILK	VEGETABLE TIKKA MASALA MILK, EGG, MUSTARD MIXED VEGETABLES BASMATI YELLOW RICE	LENTIL BOLOGNAISE MUSTARD, SOYA PEAS PENNE PASTA WHEAT
MAIN OPTION 3	FISH PIE FISH, MILK, MUSTARD SWEETCORN SAUTE POTATOES	CAULIFLOWER, SPINACH AND LENTIL CURRY MUSTARD BROCCOLI WHOLEGRAIN RICE		TORTELLONI IN TOMATO & BASIL SAUCE MILK, WHEAT, EGG, CELERY MIXED VEGETABLES SAUTE POTATOES	
DESSERT	GF CHOCOLATE SPONGE EGG	SUMMER FRUIT SPONGE WHEAT, EGG	APPLE CRUMBLE WHEAT, OATS	GF LEMON & ORANGE SPONGE MILK, EGG	HOT CHOCOLATE BROWNIE SOYA, WHEAT, EGG
DESSERT 2		GF STRAWBERRY SUNDAE MILK	GF RICE PUDDING MILK	DF CHOCOLATE CHIP MUFFIN WHEAT, SOYA, EGG	GF CHOCOLATE SPONGE EGG