

# WEEK 1

## Prep School Menu

Spring Term 2026 First Half



Hollygirt School  
NOTTINGHAM

JACKET POTATOES  
WITH VARIOUS  
FILLINGS AVAILABLE  
EVERY DAY

MAIN OPTION 1

CHICKEN CURRY  
with  
CAULIFLOWER  
&  
BASMATI YELLOW RICE

SALMON CRUMBLE  
with  
CUT GREEN BEANS  
&  
BOILED POTATOES

ROAST BEEF IN GRAVY  
with  
MIXED VEGETABLES  
&  
GOLDEN ROAST  
POTATOES

SAUSAGES  
with  
MIXED VEGETABLES  
&  
MASHED POTATOES

CHICKEN GOJONS  
with  
BAKED BEANS  
&  
BAKED POTATO  
WEDGES

MAIN OPTION 2

VEGETARIAN  
COTTAGE PIE  
with  
CAULIFLOWER  
&  
BABY POTATOES

BEAN CHILLI  
with  
CUT GREEN BEANS  
&  
WHOLEGRAIN RICE

LENTIL BOLOGNAISE  
with  
MIXED VEGETABLES  
&  
PENNE PASTA

CAULIFLOWER,  
SPINACH & LENTIL CURRY  
with  
MIXED VEGETABLES  
&  
BASMATI YELLOW RICE

CHICKPEA CURRY  
with  
SWEETCORN  
&  
WHITE RICE

MAIN OPTION 3

MACARONI CHEESE  
with  
CUT GREEN BEANS  
&  
BOILED POTATOES

VEGETABLE LASAGNE  
with  
MIXED VEGETABLES  
&  
CROQUETTE POTATOES

DESSERT

CHOCOLATE CHIP  
MUFFIN

STICKY  
TOFFEE PUDDING

CHOC CHIP PUDDING  
with  
SALTED CARAMEL  
SAUCE

SOMERSET  
APPLE CAKE

JAM SPONGE

DESSERT 2

DF & GF FRUIT  
COCKTAIL

GF ICE CREAM

GF CHOCOLATE  
SPONGE

GF CHOCOLATE  
MOUSSE

GF LEMON & ORANGE  
SPONGE

**WEEK 1****Hollygirt School**  
NOTTINGHAM**ALLERGENS**

# Prep School Menu

Spring Term 2026 First Half

**MON****TUE****WED****THU****FRI****MAIN OPTION 1**

CHICKEN CURRY MUSTARD CAULIFLOWER BASMATI YELLOW RICE	SALMON CRUMBLE FISH, WHEAT, MILK CUT GREEN BEANS BOILED POTATOES	ROAST BEEF IN GRAVY MIXED VEGETABLES GOLDEN ROAST POTATOES	SAUSAGES WHEAT MIXED VEGETABLES MASHED POTATOES MILK	CHICKEN GOJONS WHEAT BAKED BEANS BAKED POTATO WEDGES
--	---	---	--	--

**MAIN OPTION 2**

VEGETARIAN COTTAGE PIE MILK, EGG, BARLEY CAULIFLOWER BABY POTATOES	BEAN CHILLI CUT GREEN BEANS WHOLEGRAIN RICE	LENTIL BOLOGNAISE MUSTARD, SOYA MIXED VEGETABLES PENNE PASTA WHEAT	CAULIFLOWER, SPINACH & LENTIL CURRY MUSTARD MIXED VEG BASMATI YELLOW RICE	CHICKPEA CURRY MUSTARD SWEETCORN WHITE RICE
--	---	--	---	--

**MAIN OPTION 3**

	MACARONI CHEESE WHEAT, MILK, MUSTARD CUT GREEN BEANS BOILED POTATOES		VEGETABLE LASAGNE WHEAT, MILK MIXED VEGETABLES CROQUETTE POTATOES	
--	---	--	--	--

**DESSERT**

CHOCOLATE CHIP MUFFIN WHEAT, SOYA, EGG	STICKY TOFFEE PUDDING MILK, WHEAT, EGG	CHOC CHIP PUDDING with SALTED CARAMEL SAUCE MILK, SOYA, WHEAT, EGG	SOMERSET APPLE CAKE WHEAT, EGG	JAM SPONGE WHEAT, EGG
--	--	---	--------------------------------------	--------------------------

**DESSERT 2**

DF & GF FRUIT COCKTAIL	GF ICE CREAM MILK	GF CHOCOLATE SPONGE EGG	GF CHOCOLATE MOUSSE MILK	GF LEMON & ORANGE SPONGE MILK, EGG
---------------------------	----------------------	-------------------------------	--------------------------------	--

**WEEK 2****Hollygirt School  
NOTTINGHAM****Prep School Menu**

Spring Term 2026 First Half

**JACKET POTATOES  
WITH VARIOUS  
FILLINGS AVAILABLE  
EVERY DAY**

**MAIN OPTION 1****MON****TUE****WED****THU****FRI**

<b>SWEET &amp; SOUR CHICKEN with SWEETCORN &amp; RICE</b>	<b>BEEF BOLOGNAISE with BROCCOLI &amp; PENNE PASTA</b>	<b>SLICED ROAST CHICKEN IN GRAVY with CARROT TIPS &amp; GOLDEN ROAST POTATOES</b>	<b>CURRIED LAMB, POTATO &amp; TOMATO with MIXED VEGETABLES &amp; BASMATI YELLOW RICE</b>	<b>FISH GOJONS with PEAS &amp; OVEN CHIPS</b>
<b>MACARONI CHEESE with SWEETCORN &amp; SAUTE POTATOES</b>	<b>THAI RED CURRY WITH CHICKEN STYLE PIECES with BROCCOLI &amp; WHOLEGRAIN RICE</b>	<b>VEGAN SAUSAGES with CARROT TIPS &amp; MASHED POTATO</b>	<b>VEGETABLE TIKKA MASALA with MIXED VEGETABLES &amp; BASMATI YELLOW RICE</b>	<b>LENTIL BOLOGNAISE with PEAS &amp; PENNE PASTA</b>
<b>FISH PIE with SWEETCORN &amp; SAUTE POTATOES</b>	<b>CAULIFLOWER, SPINACH AND LENTIL CURRY with BROCCOLI &amp; WHOLEGRAIN RICE</b>		<b>TORTELLONI IN TOMATO &amp; BASIL SAUCE with MIXED VEGETABLES &amp; SAUTE POTATOES</b>	
<b>GF CHOCOLATE SPONGE</b>	<b>SUMMER FRUIT SPONGE</b>	<b>APPLE CRUMBLE</b>	<b>GF LEMON &amp; ORANGE SPONGE</b>	<b>HOT CHOCOLATE BROWNIE</b>
	<b>GF STRAWBERRY SUNDAE</b>	<b>GF RICE PUDDING</b>	<b>DF CHOCOLATE CHIP MUFFIN</b>	<b>GF CHOCOLATE SPONGE</b>

**DESSERT****DESSERT 2**

**WEEK 2****Hollygirt School**  
NOTTINGHAM**ALLERGENS**

# Prep School Menu

Spring Term 2026 First Half

**MON****TUE****WED****THU****FRI****MAIN OPTION 1****SWEET & SOUR CHICKEN  
SWEETCORN  
RICE****BEEF BOLOGNAISE  
BROCCOLI  
PENNE PASTA  
WHEAT****SLICED ROAST CHICKEN  
IN GRAVY  
CARROT TIPS  
GOLDEN ROAST POTATOES****CURRIED LAMB,  
POTATO & TOMATO  
MUSTARD  
MIXED VEGETABLES  
BASMATI YELLOW RICE****FISH GOJONS  
FISH, WHEAT  
PEAS  
OVEN CHIPS****MAIN OPTION 2****MACARONI CHEESE  
WHEAT, MILK, MUSTARD  
SWEETCORN  
&  
SAUTE POTATOES****THAI RED CURRY WITH  
CHICKEN STYLE PIECES  
SOYA, WHEAT  
BROCCOLI  
WHOLEGRAIN RICE****VEGAN SAUSAGES  
WHEAT  
CARROT TIPS  
MASHED POTATO  
MILK****VEGETABLE TIKKA MASALA  
MILK, EGG, MUSTARD  
MIXED VEGETABLES  
BASMATI YELLOW RICE****LENTIL BOLOGNAISE  
MUSTARD, SOYA  
PEAS  
PENNE PASTA  
WHEAT****MAIN OPTION 3****FISH PIE  
FISH, MILK, MUSTARD  
SWEETCORN  
SAUTE POTATOES****CAULIFLOWER, SPINACH  
AND LENTIL CURRY  
MUSTARD  
BROCCOLI  
WHOLEGRAIN RICE****TORTELLONI IN  
TOMATO & BASIL SAUCE  
MILK, WHEAT, EGG,  
CELERY  
MIXED VEGETABLES  
SAUTE POTATOES****DESSERT****GF CHOCOLATE  
SPONGE  
EGG****SUMMER FRUIT SPONGE  
WHEAT, EGG****APPLE CRUMBLE  
WHEAT, OATS****GF LEMON & ORANGE  
SPONGE  
MILK, EGG****HOT CHOCOLATE  
BROWNIE  
SOYA, WHEAT, EGG****DESSERT 2****GF STRAWBERRY  
SUNDAE  
MILK****GF RICE PUDDING  
MILK****DF CHOCOLATE CHIP  
MUFFIN  
WHEAT, SOYA, EGG****GF CHOCOLATE  
SPONGE  
EGG**