

WEEK 1



Hollygirt School
NOTTINGHAM

Prep School Menu

Spring Term 2026 First Half



MON

TUE

WED

THU

FRI

MAIN OPTION 1

**CHICKEN CURRY
with
CAULIFLOWER
&
BASMATI YELLOW RICE**

**SALMON CRUMBLE
with
CUT GREEN BEANS
&
BOILED POTATOES**

**ROAST BEEF IN GRAVY
with
MIXED VEGETABLES
&
GOLDEN ROAST
POTATOES**

**SAUSAGES IN
ONION GRAVY
with
MINTED SUMMER VEG
&
CHEDDAR MASHED
POTATOES**

**CHICKEN GOUJONS
with
BAKED BEANS
&
BAKED POTATO
WEDGES**

MAIN OPTION 2

**PLANT BASED
SHEPHERDS PIE
with
CAULIFLOWER
&
BABY POTATOES**

**BEAN CHILLI
with
CUT GREEN BEANS
&
WHOLEGRAIN RICE**

**LENTIL BOLOGNAISE
with
MIXED VEGETABLES
&
PENNE PASTA**

**CAULIFLOWER,
SPINACH & LENTIL
CURRY
with
MINTED SUMMER VEG
&
BASMATI YELLOW RICE**

**CHICKPEA CURRY
with
SWEETCORN
&
WHITE RICE**

MAIN OPTION 3

**MACARONI CHEESE
with
CUT GREEN BEANS
&
BOILED POTATOES**

**VEGETABLE LASAGNE
with
MINTED SUMMER VEG
&
CROQUETTE POTATOES**

DESSERT

**CHOCOLATE
CHIP MUFFIN**

**STICKY
TOFFEE PUDDING**

**CHOC CHIP PUDDING
with
SALTED CARAMEL
SAUCE**

**SOMERSET
APPLE CAKE**

JAM SPONGE

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Hollygirt School
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ALLERGENS

Prep School Menu

Spring Term 2026 First Half

	MON	TUE	WED	THU	FRI
MAIN OPTION 1	CHICKEN CURRY MUSTARD CAULIFLOWER BASMATI YELLOW RICE	SALMON CRUMBLE FISH, WHEAT, MILK CUT GREEN BEANS BOILED POTATOES	ROAST BEEF IN GRAVY MIXED VEGETABLES GOLDEN ROAST POTATOES	SAUSAGES IN ONION GRAVY WHEAT MINTED SUMMER VEG CHEDDAR MASHED POTATOES MILK	CHICKEN GOUJONS WHEAT BAKED BEANS BAKED POTATO WEDGES
MAIN OPTION 2	PLANT BASED SHEPHERDS PIE WHEAT CAULIFLOWER BABY POTATOES	BEAN CHILLI CUT GREEN BEANS WHOLEGRAIN RICE	LENTIL BOLOGNAISE MUSTARD, SOYA MIXED VEGETABLES PENNE PASTA WHEAT	CAULIFLOWER, SPINACH & LENTIL CURRY MUSTARD MINTED SUMMER VEG BASMATI YELLOW RICE	CHICKPEA CURRY MUSTARD SWEETCORN WHITE RICE
MAIN OPTION 3		MACARONI CHEESE WHEAT, MILK, MUSTARD CUT GREEN BEANS BOILED POTATOES		VEGETABLE LASAGNE WHEAT, MILK MINTED SUMMER VEG CROQUETTE POTATOES	
DESSERT	CHOCOLATE CHIP MUFFIN WHEAT, SOYA, EGG	STICKY TOFFEE PUDDING MILK, WHEAT, EGG	CHOC CHIP PUDDING WITH SALTED CARAMEL SAUCE MILK, SOYA, WHEAT, EGG	SOMERSET APPLE CAKE WHEAT, EGG	JAM SPONGE WHEAT, EGG

WEEK 2



Hollygirt School
NOTTINGHAM

Prep School Menu

Spring Term 2026 First Half

**JACKET POTATOES
WITH VARIOUS FILLINGS
AVAILABLE EVERY DAY**

	MON	TUE	WED	THU	FRI
MAIN OPTION 1	SWEET & SOUR CHICKEN with SWEETCORN & VEGETABLE RICE	BEEF BOLOGNAISE with BROCCOLI & PENNE PASTA	SLICED ROAST CHICKEN IN GRAVY with CARROT TIPS & GOLDEN ROAST POTATOES	CURRIED LAMB, POTATO & TOMATO with MIXED VEGETABLES & BASMATI YELLOW RICE	FISH GOUJONS with PEAS & OVEN CHIPS
MAIN OPTION 2	MACARONI CHEESE with SWEETCORN & SAUTE POTATOES	THAI RED CURRY WITH CHICKEN STYLE PIECES with BROCCOLI & WHOLEGRAIN RICE	VEGAN SAUSAGES with CARROT TIPS & MASHED POTATO	TORTELLONI IN TOMATO & BASIL SAUCE with MIXED VEGETABLES & SAUTE POTATOES	LENTIL BOLOGNAISE with PEAS & PENNE PASTA
DESSERT	GLUTEN FREE CHOCOLATE SPONGE	SUMMER FRUIT SPONGE	APPLE CRUMBLE	GLUTEN FREE LEMON & ORANGE SPONGE	HOT CHOCOLATE BROWNIE

WEEK 2



Hollygirt School
NOTTINGHAM

ALLERGENS

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	MON	TUE	WED	THU	FRI
MAIN OPTION 1	<p>SWEET & SOUR CHICKEN</p> <p>SWEETCORN</p> <p>VEGETABLE RICE</p>	<p>BEEF BOLOGNAISE</p> <p>BROCCOLI</p> <p>PENNE PASTA WHEAT</p>	<p>SLICED ROAST CHICKEN IN GRAVY</p> <p>CARROT TIPS</p> <p>GOLDEN ROAST POTATOES</p>	<p>CURRIED LAMB, POTATO & TOMATO MUSTARD</p> <p>MIXED VEGETABLES</p> <p>BASMATI YELLOW RICE</p>	<p>FISH GOUJONS FISH, WHEAT</p> <p>PEAS</p> <p>OVEN CHIPS</p>
MAIN OPTION 2	<p>MACARONI CHEESE WHEAT, MILK, MUSTARD</p> <p>SWEETCORN</p> <p>SAUTE POTATOES</p>	<p>THAI RED CURRY WITH CHICKEN STYLE PIECES SOYA, WHEAT</p> <p>BROCCOLI</p> <p>WHOLEGRAIN RICE</p>	<p>VEGAN SAUSAGES WHEAT</p> <p>CARROT TIPS</p> <p>MASHED POTATO MILK</p>	<p>TORTELLONI IN TOMATO & BASIL SAUCE MILK, WHEAT, EGG, CELERY</p> <p>MIXED VEGETABLES</p> <p>SAUTE POTATOES</p>	<p>LENTIL BOLOGNAISE MUSTARD, SOYA</p> <p>PEAS</p> <p>PENNE PASTA WHEAT</p>
DESSERT	<p>GLUTEN FREE CHOCOLATE SPONGE EGG</p>	<p>SUMMER FRUIT SPONGE WHEAT, EGG</p>	<p>APPLE CRUMBLE WHEAT, OATS</p>	<p>GLUTEN FREE LEMON & ORANGE SPONGE MILK, EGG</p>	<p>HOT CHOCOLATE BROWNIE SOYA, WHEAT, EGG</p>