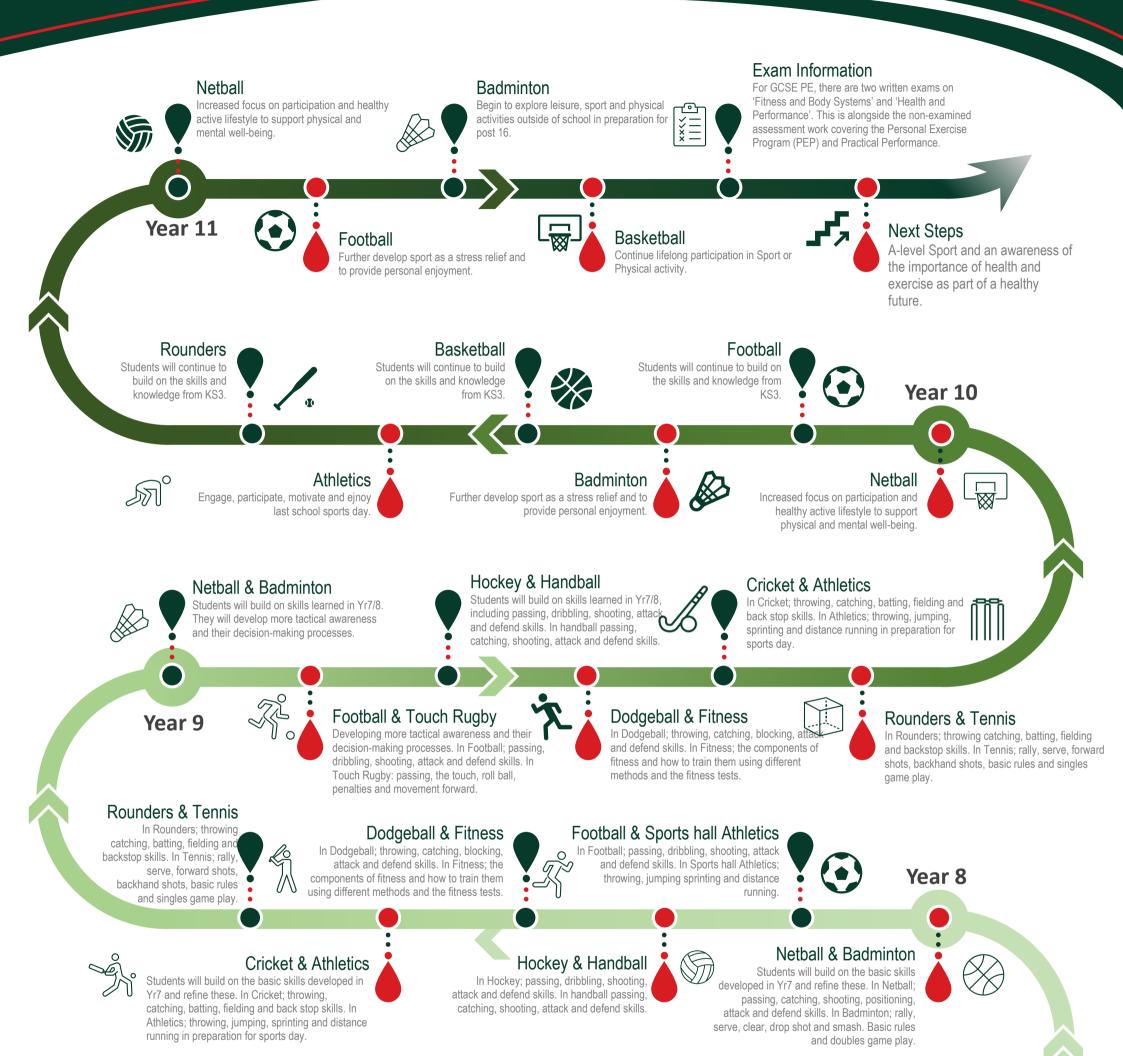


Curriculum Map

Physical Education







Sports hall Athletics & Handball Basketball & Health and Fitness

In Sports hall Athletics; throwing, jumping sprinting and distance running. In handball passing, catching, shooting, attack and defend skills.

Cricket & Athletics

In Cricket; throwing, catching, batting, fielding and back stop skills. In Athletics; throwing, jumping, sprinting and distance running in preparation for sports day.

Badminton & Football

In Badminton: rally, serve, clear, drop shot and smash. Basic rules and singles game play. In Football; passing, dribbling, shooting, attack and defend skills

Touch Rugby & Hockey

In Touch Rugby; passing, the touch, rollball, penalties and movement forward. In Hockey; passing, dribbling, shooting, attack and defend skills

Rounders & Tennis

In Rounders; throwing catching, batting, fielding and backstop skills. In Tennis; rally, serve, forward shots, backhand shots, basic rules and singles game play.

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