

YOUR ACCESS TO PSHE ASSOCIATION MATERIALS AND INTELLECTUAL PROPERTY RIGHTS

PSHE education is the school curriculum subject designed to keep children and young people safe, healthy and prepared for life, and work, in modern Britain. The best PSHE education is a partnership between parents/carers and schools — and this includes transparency regarding curriculum content and materials.

We are therefore delighted to provide parent/carer copies of all PSHE Association member materials that cover RSE (Relationships and Sex Education).

This is an example of such a resource. It has been shared with you as a parent/carer by the school or individual who is a PSHE Association member.

We are happy to grant access on this basis of giving you full, personal access to the resource contents, but appreciate your adherence to the following requirements regarding intellectual property rights given the resource is otherwise only accessible to schools and individuals that subscribe to PSHE Association membership.

INTELLECTUAL PROPERTY RIGHTS

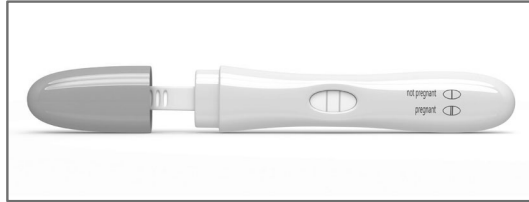
We are the owner or the licensee of all intellectual property rights in the materials. These works are protected by copyright laws and treaties around the world. All such rights are reserved.

You may print off one copy, and may download extracts, of any page(s) for your personal use as a parent/carer of a pupil at your child's school.

You must not modify the paper or digital copies of any materials you have printed off or downloaded in any way, and you must not use any illustrations, photographs, video or audio sequences or any graphics separately from any accompanying text.

Our status (and that of any identified contributors) as the authors of the materials must always be acknowledged. You must not use any part of the materials for commercial purposes without obtaining a licence to do so from us or our licensors.

You are not permitted to copy, share — electronically (including social media) or otherwise — any part of our materials in breach of these terms of use. Your right to use such materials will cease immediately upon such a breach and you must, at our option, return or destroy any copies of the materials you have made.



Pregnancy outcomes

KS4 Year 11 Lesson 4

© Medway Council 2021

Learning objective

- We are learning about the possible outcomes in the event of an unplanned pregnancy

Learning outcomes

- I can identify the range of options available in the event of an unplanned pregnancy
- I can describe the range of emotions someone might feel in the event of an unplanned or unwanted pregnancy
- I can evaluate the different influences that might affect decisions about pregnancy
- I can recognise that miscarriage can occur
- I can describe where and how to access reliable, impartial advice and support in relation to pregnancy or miscarriage

© Medway Council 2021

Amalie and Dan

Read the scenario on your handout and respond to the four questions surrounding it:

- How might Amalie be feeling?
- How might Dan be feeling?
- What options do they have?
- What might their next steps be?

Dan and Amalie are both 16 years old. Amalie missed her last period, so asked Dan to buy a pregnancy test and bring it round when her parents were out. She has just taken a pregnancy test and the result is positive.

© Medway Council 2021

Options

In the case of an unplanned pregnancy, there are three possible options:

Become a parent

Have an abortion (also known as a 'termination')

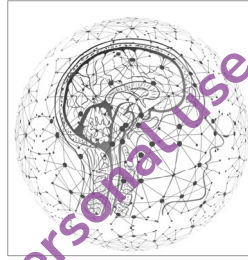
Relinquish the child for adoption

In pairs, come up with **ten different factors** that might influence the decisions someone makes about an unplanned pregnancy.

© Medway Council 2021

Did you think of..?

- attitudes toward/feelings about having a baby (own and partner's)
- relationship status
- opinions of their family and friends
- community attitudes
- financial considerations
- religion or culture
- plans for the future, career goals, aspirations
- personal goals or aspirations
- education or employment
- physical or mental health



© Medway Council 2021

Scenarios

In your group, read the scenario you have been given. Your character has just discovered they are (or their partner is) pregnant – the pregnancy in each case was not planned.

As a group, discuss and write down your answers to the following questions:

1. What might your character's initial reaction to the pregnancy be?
2. What might influence the character's decision going forward?
3. Which influence might your character prioritise above all others?

© Medway Council 2021

Next steps

Write down a three-point action plan of next steps that your character might take.

This could include who the character might speak to, who they might turn to for emotional support, what conversations they might need to have, or where they might go for further help and advice.



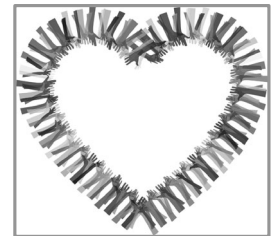
© Medway Council 2021

Miscarriage, advice and support

Miscarriage is the spontaneous loss of a pregnancy before the foetus is mature enough to survive outside the uterus.

For further advice and support in relation to miscarriage, visit:

- www.nhs.uk/conditions/miscarriage
- www.miscarriageassociation.org.uk
- www.brook.org.uk/your-life/miscarriage



© Medway Council 2021

Giving advice

Return to Amalie and Dan's scenario from the start of the lesson.

At the bottom of the page, **write a paragraph** of advice to Amalie and Dan explaining what they could do next and where they could go to access further help and support.

Now, share your ideas in small groups, and together decide what you think is the single most important piece of advice you could give someone in Amalie and Dan's position — write this on a post-it and stick it on the board.



© Medway Council 2021

Signposting support

If you would like further guidance or support, speak to:

- a parent/carer, tutor, head of year
- school nurse/counsellor or other trusted member of staff in the school
- GP

Visit your GP or local sexual health clinic for support regarding a potential unplanned pregnancy.

- **A Better Medway:** www.abettermedway.co.uk
- **Brook:** www.brook.org.uk 0808 802 1234
- **Childline:** www.childline.org.uk



© Medway Council 2021

More activities

Research and create a short fact-file about the service you have been given.

Include:

- ✓ Name of service and location
- ✓ Contact details and opening times
- ✓ Services they provide



© Medway Council 2021