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We are therefore delighted to provide parent/carer copies of all PSHE Association member materials that cover RSE (Relationships and Sex Education).

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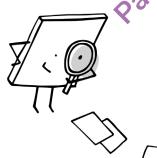
Leading objective

We are learning about different types of commitment and why many people value commitment in relationships

Learning outcomes

- ☑ I can describe the options available to people who wish to make a long-term
- ☑ I can explain how a long-term relationship can become legally binding
- Lean recognise the unacceptability of forced marriage and identify support for Comeone who may be at risk
- ☑ I can explain what commitment means and why this may be important in longterm relationships

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In pairs, answer the questions on your sheet about the process of getting married/forming a civil partnership.

In groups, read the scenario cards and decide whether each shows a legal marriage or an illegal/void marriage.



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As people transition to adulthood,

married, having children, getting a

they make further choices to

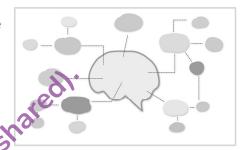
commit, for example getting

mortgage, working in a longer-

Long-term commitments

Using the characters' opinions in the handout to help you, mind-map all the reasons you can think of as to why people choose marriage/civil partnership.

Now, mind-map the reasons you think people choose *not* to marry/form a civil partnership.



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WAY s to be healthy

to be healthy

What has been learn?

What is commitment?

What do you think

'commitment' means?

What commitments might

young people around your age make?

Come up with list of five characteristics of a healthy, stable marriage or civil partnership.



signposting suppor

If you would like further guidance or support, speak to.

- a parent/carer, tutor, head of year
- school nurse/counsellor or other trusted member of staff in the school
- O A Better Medway:
- www.abettermedway.co.uk/
- o Brook: www.brook.org.uk 0808 802 1234
- o Childline: www.childline.org.uk

Report a crime by calling 999 (for an emergency or as a crime is taking place) or 111 (to make a non-urgent report)

For specific support on forced marriage, contact:

- The Forced Marriage Unit (FMU) <u>fmu@fco.gov.uk</u> 020 7008 0151
- Freedom Charity

 www.freedomcharity.org.uk
 0845 607

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More activities

Create an awareness campaign for younger students at school about the support available for those concerned about forced marriage. You should outline what forced marriage is and offer advice about where to and how to seek additional support, e.g. Childline, Freedom Charity, the FMU.

Parenti Carer copy (for person) Use the information on the Childline website as a starting point: www.childline.org.uk/infoadvice/bullying-abuse-safety/crime-law/forcedmarriage.



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