

Autumn Term 2021

Week 1 w/c 30th Aug, 13th Sept, 27th Sept, 11th Oct, 8th Nov, 22nd Nov, 6th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Quorn Cajun Fajitas <i>(Wheat, Gluten, Cereals)</i>	Quorn or Beef Spaghetti Bolognese <i>(Cereals, Wheat, Gluten, Eggs, Milk)</i>	Jacket Potatoes	Creamy Quorn and Broccoli Bake <i>(Eggs, Dairy, Milk, Mustard, celery)</i>	Baguettes <i>(Wheat, Gluten, Cereal)</i>
Main Meal Option 2	Cajun Chicken Fajitas <i>(Egg, Wheat, Gluten, Cereals, Milk, Dairy)</i>			Creamy Chicken and Broccoli Bake <i>(Eggs, Dairy, Milk, Mustard, celery)</i>	
Served with...	Sweet Chilli Mayonnaise <i>(Eggs, Milk, Dairy)</i>	Garlic Bread <i>(Cereal, Wheat, Gluten, Milk)</i>	Baked Beans	Mashed Potato <i>(Dairy, Milk)</i>	Cheese <i>(Milk, Dairy)</i> Ham
	Sweetcorn and Red Pepper Rice				Tuna Mayonnaise <i>(Egg, Milk, Fish, Dairy)</i>
	Minted Cucumber Salad				Egg Mayonnaise <i>(Egg, Milk)</i>
Dessert	Rice Krispie Cake <i>(Dairy, Milk, Soya)</i>	Blueberry Traybake <i>(Cereal, Wheat, Gluten, Eggs)</i>	Banana Cake <i>(Cereal, Wheat, Gluten, Eggs, Milk, Dairy)</i>	Chocolate Orange Sponge with Chocolate Custard <i>(Wheat, Gluten, Cereal, Milk, Eggs)</i>	Double Chocolate Chip Brownie <i>(Wheat, Gluten, Cereal, Dairy, Milk, Soya, Eggs)</i>
	Fruit & Assorted Yoghurts <i>(Milk)</i>	Fruit & Assorted Yoghurts <i>(Milk)</i>	Fruit & Assorted Yoghurts <i>(Milk)</i>	Fruit & Assorted Yoghurts <i>(Milk)</i>	Fruit & Assorted Yoghurts <i>(Milk)</i>
	Water and Fruit Juice	Water and Fruit Juice	Water and Fruit Juice	Water and Fruit Juice	Water and Fruit Juice

Week 2 6th Sept, 20th Sept, 4th Oct, 1st Nov, 15th Nov, 29th Nov, 13th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Vegan Sausage Roll <i>(Wheat, Gluten, Soya)</i>	Macaroni Cheese <i>(Wheat, Cereal, Gluten, Milk, Dairy)</i>	Quorn Fillet <i>(Eggs, Milk, Wheat, Gluten, Cereal)</i>	Baked Falafel Bites in Garlic and Tomato Sauce <i>(Wheat, Gluten, Cereal)</i>	Quorn Nuggets <i>(Wheat, Gluten, Cereal, Milk, Egg)</i>
Main Meal Option 2	Pork Sausage Roll <i>(Milk, Cereal, Wheat, Gluten)</i>	Tomato Pasta Bake <i>(Wheat, Cereal, Gluten)</i>	Roast Chicken Breast	Chicken Dopiazza	Breaded Fish Fillets <i>(Fish, Wheat, Gluten, Cereal)</i>
Served with...	Potato Wedges Baked Beans	Green Beans	Pigs in Blankets <i>(Soya, Wheat, Gluten, Cereal)</i>	Coriander Rice	Chunky Chips Baked Beans
		Sweetcorn	Yorkshire Pudding <i>(Wheat, Gluten, Cereal, Eggs, Dairy)</i>	Peas	
		Garlic Bread <i>(Wheat, Gluten, Cereal, Milk)</i>	Roast Potatoes	Flat Breads <i>(Wheat, Gluten, Cereal)</i>	
Dessert	Shortbread Biscuit with Strawberries <i>(Milk, Dairy, Wheat, Cereal, Gluten)</i>	Raspberry and White Chocolate Squares <i>(Wheat, Gluten, Cereal, Milk, Eggs, Soya)</i>	Apple Crumble with Custard <i>(Wheat, Gluten, Cereal, Milk)</i>	Mixed Fruit Salad	Jam Sponge <i>(Wheat, Gluten, Cereal, Eggs, Milk, Dairy)</i>
	Fruit & Assorted Yoghurts <i>(Milk)</i>	Fruit & Assorted Yoghurts <i>(Milk)</i>	Fruit & Assorted Yoghurts <i>(Milk)</i>	Fruit & Assorted Yoghurts <i>(Milk)</i>	Fruit & Assorted Yoghurts <i>(Milk)</i>
	Water and Fruit Juice	Water and Fruit Juice	Water and Fruit Juice	Water and Fruit Juice	Water and Fruit Juice