

8th January 2020

To: Parents of Pupils in Reception to Year 6



Dear Parents,

Zumba Kids Exercise Club – Tuesday Afternoons

Following on from the success of Mindfulness and Wellbeing Club in the summer term, we are pleased to offer Zumba Kids which will be run by Kirstie Mackintosh from Little Legs during the Spring Term, each Tuesday from 3.45 to 4.45pm in the Friends Room, Villa Road. This club will be led by Kirstie and supported by a member of Hollygirt staff. Little Legs had the pleasure of visiting your children in assembly on Wednesday 4th December to showcase Zumba Kids.

What is The Zumba Kids + Zumba Kids Jr. Programme? Zumba Kids classes are designed exclusively for children to combine movement, music and community. The classes are high-energy dance, packed with specially choreographed, child-friendly routines and all the music children love, like hip-hop, reggaeton, cumbia and more. Zumba Kids inspire children to express themselves through movement and play while effectively improving their overall health and well-being. Children love it because it's on the cutting edge and fun, and parents love it because it's active, fun, and for the effects it has on children– increasing their focus and self-confidence, boosting metabolism, and enhancing coordination. It also teaches them leadership and team work as well as increasing confidence by encouraging them to lead their team in a routine they choose when they are ready.

The cost is £49.50 (£5.50 per session for nine weeks) to cover the cost of the specialist coach. If your child would like to participate in this club, please fill in and return the attached consent slip by Friday 10th January, along with payment (cheques made payable to Hollygirt School; BACS with the reference "ZK ECA") ahead of starting on Tuesday 14th January.

Dates for the sessions will be:

<u>First half Term</u>	<u>Second half term</u>
14 th January	25 th February
21 st January	3 rd March
28 th January (No Club)	10 th March
4 th February	17 th March
11 th February	24 th March

Yours sincerely,

Mrs C Scott



Child's Name: _____

Form: _____

I give consent for my child to participate in the Zumba Kids Exercise class. I acknowledge the need for obedience and responsible behaviour on their part. I understand that there is some level of risk in every activity but this will be managed to minimise the risks involved. Children will be taken to After School Club if not collected at 4:45pm and there will be a charge levied for this.

I agree to the fee of £49.50 (£5.50 per session for 9 sessions), and enclose payment.

I believe my child is medically fit to undertake this activity.

Signed : _____

Date: _____

Please return to Mrs Scott by Friday 10th January 2020