

# Spring Term 2020

**Week 1 w/c** 6<sup>th</sup> Jan, 20<sup>th</sup> Jan, 3<sup>rd</sup> Feb, 24<sup>th</sup> Feb, 9<sup>th</sup> March, 23<sup>rd</sup> March

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal Option 1</b>	Turkey Meatballs in a 5-a-day Pasta Sauce (Celery)	BBQ Chicken Melt (Barley, Wheat, Celery, Soya & Milk)	Roast Chicken	Chilli Con Carne	Breaded Cod Bites (Fish, Wheat, Gluten, Cereals)
<b>Main Meal Option 2</b>	Veggie Balls (Wheat, Gluten, Cereals, Egg)	Veggie Quorn BBQ Melt (Barley, Wheat, Celery, Soya & Milk)	Vegan Strips (Soya, Mustard, Cereals, Gluten)	Veggie Chilli	Quorn Dippers (Gluten, Eggs & Wheat)
<b>Served with...</b>	Wholemeal Spaghetti (Gluten & Wheat) Garlic Bread (Gluten, wheat & Milk) Cucumber and Sweetcorn Salad	Mini Jackets Broccoli Corn on the Cob	Roast Potatoes Yorkshire Pudding (Milk, Eggs, Gluten & Wheat) Pigs in Blankets (Wheat, Gluten, Soya, Sulphite) Seasonal Veg Vegan Gravy	Fluffy White Rice Peas Sweetcorn Wholemeal Pitta Bread (Gluten & Wheat)	Potato Wedges Baked Beans
<b>Dessert</b>	Apricot Shortbread (Gluten, Milk & Wheat) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Apple and Cranberry Flapjack (Oats & Milk) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Fruit Salad Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Chocolate Orange Traybake (Gluten, Milk & Wheat) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Honeydew Melon Slices Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice

**Week 2 w/c** 13<sup>th</sup> Jan, 27<sup>th</sup> Jan, 10<sup>th</sup> Feb, 2<sup>nd</sup> March, 16<sup>th</sup> March, 30<sup>th</sup> March

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal Option 1</b>	Wholemeal Cheese and Tomato Pizza Squares (Gluten, Cereals, Wheat, Milk)	Butter Chicken Curry (Mustard & Milk)	Roast Turkey	Macaroni Cheese (Gluten, Wheat & Milk)	Meat free Sausage Roll (Gluten & Wheat)
<b>Main Meal Option 2</b>		Sweet Potato and Lentil Curry (Mustard & Milk)	Quorn Fillet (Eggs)	Tomato and Basil Pasta (Celery)	Chicken Sausage
<b>Served with...</b>	Mixed Salad Coleslaw (Milk & Eggs)	Rice Rainbow Salad Mini Garlic and Coriander Naan Bread (Gluten & Wheat)	Pigs in Blankets (Wheat, Gluten, Soya, Sulphite) Roast Potatoes Yorkshire Puddings (Milk, Eggs, Gluten & Wheat) Seasonal Veg Vegan Gravy	Broccoli Garlic Bread (Gluten, wheat & Milk) Rainbow Salad	Creamy Mash (Milk) Peas Sweetcorn Gravy
<b>Dessert</b>	Oats, Apple and Berry Cake (Gluten, Wheat & Oats) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Chocolate Cornflake Cake (Gluten, Barley & Milk) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Fruit Salad Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Sticky Peach Sponge (Wheat, Gluten & Eggs) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Blueberry Cheesecake (Gluten, Wheat & Milk) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice