

5th September 2018

To: Parents of Pupils in Years 1 - 6

Dear Parents,



Rattle and Roll Mindfulness and Yoga Club – Tuesday Afternoons

Following on from the success of this club last term we are pleased to offer Mindfulness and Yoga Club, which will run during the Autumn Term, each Tuesday from 3.45 to 4.45pm in the Friends Room, Villa Road. This club will be run by Rattle and Roll and the coach will be supported by a member of Hollygirt staff.

The cost is £55 (£5.50 per session for ten weeks) to cover the cost of the specialist coach. If your child would like to participate in this club, please fill in and return the attached consent slip by Monday 10th September, along with payment (cheques made payable to Hollygirt School; BACS with the reference "MYC") ahead of starting on Tuesday 18th September.

Dates for the sessions will be:

First half Term

18th September

25th September

2nd October

9th October (in Senior Hall)

16th October

Second half term

6th November

13th November

20th November

27th November

4th December

Yours sincerely,

Mrs C Scott



Hollygirt
SCHOOL

Child's Name: _____

Class: _____

I give consent for my child to participate in Mindfulness and Yoga Club. I acknowledge the need for obedience and responsible behaviour on their part. I understand that there is some level of risk in every activity but this will be managed to minimise the risks involved. I believe my child to be medically fit to undertake this activity.

I agree to the fee of £55 (£5.50 per session for 10 sessions), and enclose payment. (Cheques should be made payable to Hollygirt School; BACS payments should have the reference "MYC".)

Signed : _____

Date: _____

Please return to form teachers by Monday 10th September

