10th September 2019

Hollygirt SCHOOL

To: Parents of pupils taking part in the Wales Trip

Dear Parents

Year 7 & 10 Residential Trip to Wales - Arrangements

We are looking forward to our forthcoming trip to Broneirion in Wales and I outline below further details and final arrangements. Please accept my apologies for the last minute nature of this, however as I am sure you can appreciate, this is unavoidable as our new Year 7 pupils have only just started.

Further to my previous correspondence, I can confirm that the total cost of the trip is £300 (including deposit); therefore we require the remaining balance to be paid **no later than Friday 20th September.** For the majority this will be £250 for those who paid a deposit of £50. Naturally, if you paid a greater deposit, please adjust the outstanding balance accordingly. Please make payment via cash, cheque or BACS. Cheques should be made payable to Hollygirt School and BACS payments should be referenced 'Surname / Wales'.

Along with this letter, please find enclosed the following:

- Kit List (provided by the centre)
- Hollygirt Consent and Medical Information Form
- Consent form from the activities provider

Please ensure you read, complete and return all relevant forms. Please note that without the relevant permissions, your child we not be able to take part in this trip.

Additional Information

Timings
We will be leaving school at 9am prompt on the morning Tuesday 8th October and will return by the end of the school day on Friday 11th October. Pupils will require a packed lunch and drinks for this day.

Medication
Should your child require any travel sickness medication or any other medication for the trip, please ensure this is clearly labelled and passed to me on the morning of the trip with relevant instructions.

Bags
Please ensure your child has a small rucksack and either a small suitcase or holdall. Generally, lots of layers would be beneficial for clothing to keep warm.

Money
Only a small amount of spending money will be required- approx £20.

Food
Pupils will be required to bring a packed lunch for the first day, following this, all meals are provided. Any dietary requirements should be noted on the consent and medical form.

Mobile Phones / Gadgets
Pupils are permitted to bring their personal mobile phones, however these are the responsibility of the individual pupil. Pupils are not permitted to bring tablets/gaming devices etc

Night-time behaviour expectations
Students will be sharing single sex dormitories and will be given clear timings at night of when they are to remain in their own room and when lights are to be switched off.

Contact Information
Broneirion Ltd
Llandinam
Powys
Wales
SY17 5DE
Telephone: 01686 688204

I will have a school mobile phone and should you require to get hold of us an in **emergency** please contact: 07921684827. I would reiterate that this number is only to be used in emergencies only.

Please return all relevant forms asap and no later than Friday 20th September. In the meantime, should you have any further queries, please do not hesitate to contact me.

Yours sincerely

Mr Craig Dean
Deputy Head

Kit List

All course members will require the following as a minimum:

Clothes

- 5 x T-shirts, 4 x Jumpers/hoodies,4 x Trousers (No Jeans) 6 x Pairs socks, 1 Thick pair socks, enough underwear for your stay. 1x Pair of shorts.
- Warm hat and gloves, sun hat.
- Swimwear
- Towels x 2
- Thick socks (or lots of thin ones, not trainer socks)
- Sun cream
- Waterproof Trousers / Jacket. (Please ensure these are waterproof and not softshell, which can also get muddy)

Footwear

- Indoor shoes or slippers
- Training shoes for going outside (A different pair to the wet pair)
- Old trainers which can get wet (not sandals or crocs)
- Walking Boots (Only if group is walking – we also have boots if needed)

Overnight

- PJ's or nightclothes
- Soap
- Shampoo
- Toothbrush and paste
- Hairbrush
- Personal toiletries

Miscellaneous

- Torch with spare batteries
- Plastic carrier bags or bin bags for wet kit
- A lunch box and reusable drink bottle
- Rucksack for clothing when at activities away from site. (provided if needed)
- **SHOP** – we do have small shop onsite with memorabilia type items. We recommend at the most £10.

Bedding

- **Bedding at our Broneirion Residential site is full provided**

Valuables: No responsibility can be accepted by Brenin Adventures for any valuables. Gadgets, electrical toys and phones are discouraged. If you have to bring them, please make sure they are insured.

Packed Lunch: Please bring a packed lunch with you on the first day (morning arrival only)

All specialist outdoor safety equipment is provided

Hollygirt SCHOOL

CONSENT AND MEDICAL INFORMATION FORM

Year 7+10 Wales Residential
8th-11th October 2019

1. Pupil's Details

Pupil's Name:		Form:	
Address:			
Town of Birth			

2. Contact Telephone Numbers

Parent(s) / Guardian(s)		Daytime	Mobile	Home
Name:				
Name:				

Additional Contact *(other than parent)*		Daytime	Mobile	Home
Name:				
Relationship:		*e.g. relative, close friend, neighbour*		

3. Medical Information

Family Doctor	
Address	
Telephone No.	

Does your child suffer from any of the following conditions? *Please tick* as appropriate*

Asthma	☐	Bronchitis	☐	Chest Problems	☐
Diabetes	☐	Fainting	☐	Heart Trouble	☐
Migraine	☐	Raised Blood Pressure	☐	Tuberculosis	☐

* Please provide details

.....

Epilepsy No ☐ Yes ☐ If YES,

What specific epilepsy syndrome has been diagnosed for your daughter?

.....

What is the pattern of any seizure?

.....

Does your child suffer from any other condition?

No ☐ Yes ☐ If YES please give details below

.....

Is your child taking any form of medication on a regular basis?

No ☐ Yes ☐ If YES please detail type of medication and dosage

.....

.....

Please ensure that your daughter has adequate supplies of medication and dosage for the whole visit

Is your child allergic or sensitive to any medication (eg Penicillin), insect bites or food?

No ☐ Yes ☐ If YES please give details below

.....

Has your child been immunised against the following:

Polio ☐ Tetanus ☐ *Please give date if known*

.....

To the best of your knowledge, has your child been in contact with any contagious or infectious diseases, or suffered any recent condition that my become infectious or contagious?

No ☐ Yes ☐ If YES please give details

.....

4. Special Dietary Requirements

Does your child have any special dietary needs?

No ☐ Yes ☐ If YES please give details

.....

.....

5. Declaration by Parent/Carer

- I agree to my child taking part in the Wales residential visit from Tuesday 8th – Friday 11th October 2019. I acknowledge and appreciate the need for good conduct, courtesy, politeness and responsible behaviour on their part and that the school reserves the right to prevent my child continuing with any visits/activities in the case of poor behaviour. Further, I understand that there would be no entitlement to a refund of monies paid.

- In the case of an emergency I agree to my child being given any medical, surgical or dental treatment, including general anaesthetic and blood transfusion, as considered necessary by the medical authorities present.

- I declare my child to be in good health and physically able to participate in any activities mentioned.

- I will ensure that any change in the circumstances (e.g. recent medication or injury) which will affect my child's participation in the visit will be notified to the School prior to the visit.

Signed: _____ Date: _____

NAME IN BLOCK CAPITALS: _____

Dear Parent / Guardian

PLEASE READ THE FOLLOWING INFORMATION BEFORE YOU SIGN THE CONSENT FORM

Brenin Adventures is a registered Adventure Activities Licence Authority (AALA) Provider.

We are an educational establishment that provides residential outdoor courses and personal / social development programmes for young people and adults.

Each activity programme is planned and agreed in advance by the visiting party leader and the centres management, and is designed to meet any curriculum-based requirements for the group. All example programmes however are subject to change from a number of factors such as inclement weather, staff and participant numbers, fitness and capabilities of the group.

Instructors at the centres are fully qualified and have many years of experience in teaching and leading young people on adventurous activities. They work within the framework of the centre's safety procedures, activity licence and codes of practice. They take into consideration the age and ability of the student group as well as the prevailing conditions before they make decisions about the level and duration of the intended activity.

Our courses are designed to be challenging, adventurous and exciting, as we try to provide young people with opportunities for them to be able to gain a better knowledge and understanding of their abilities, strengths and weaknesses. We want to provide young people with a unique chance to be able to improve their confidence and self-esteem and become more self-reliant by achieving success and satisfaction from their participation in the course.

Young people are asked to inform their instructor if they have any serious fear or uncertainty about the intended activity. Where necessary, our instructional staff will actively encourage them to face up to their fear, and by offering additional support to the student, help them overcome their problem successfully.
As mentioned previously, our activities are designed to be adventurous and challenging. There may be times during the course where young people may become cold, wet, and tired. Instructors will be on hand to carefully and closely monitor the situation and ensure the safety of the participants so that it should not exceed the capabilities and training of the young person.

Centre staff need the co-operation of your son/daughter/ward and will expect them to behave in a reasonable manner at all times during their stay. We would appreciate your support and understanding when we make decisions about the safety and welfare of your child.
Accidents can happen without any contributory negligence from the centre or its staff. The centre can accept no responsibility for loss or damage to personal property or for personal injury not arising as a result of its own act or default.

Any personal information is for Brenin Adventures usage whilst on course programme only. All information will be correctly disposed of after the end of the programme and will not be handed to a 3rd party; unless any specific incident requires us to keep a record.

I sincerely hope that your son/daughter/ward has a fun and rewarding experience with us.

Matt Jones
Managing Director
Brenin Adventures

Participant Name.....

Please give accurate and up to date information and inform us if there are any changes prior to you visit to the centre.

Do you suffer from any of the following?

- **Heart Trouble, Angina, Raised Blood Pressure?** **Y / N**
- **Asthma, Bronchitis or other lung condition?** **Y / N**
-
- **Diabetes?** **Y / N**
- **Nervous illness, Depression or other psychiatric condition** **Y / N**
- **History of broken bones muscle tears etc** **Y / N**
- **Blood disorders** **Y / N**
- **Epilepsy, Fainting attacks, Head Injury** **Y / N**
- **Hearing or Visual impairments** **Y / N**
- **Have you been received hospital treatment in the last 2 years** **Y / N**

Please give details.....

- **Allergy to foods (e.g. nuts, dairy produce etc.)** **Y / N**

Please give details.....

- **Other Allergic reaction** **Y / N**

Please give details.....

- **Do you suffer from any other medical condition?** **Y / N**

Please give details.....

- **Do have any special dietary requirements?** **Y / N**

Please give details.....

Are you water confident (note: there is no requirement to be able to swim) Y / N

I declare that all the medical & enrolment information on this form is true and that I have not withheld any relevant information.

DOB:.....

Signed:.....
Participant (18+) or Parent or Guardian (if under 18)

Relationship to Participant:.....Date...../...../.....

Contact Number: .....

PLEASE USE THE OTHER SIDE OF THIS FORM TO GIVE GREATER DETAILS OF ANY MEDICAL / BEHAVIIOURAL / LEARNING NEEDS.