

16<sup>th</sup> January 2019



**To: Parents of pupils in Year 8**

Dear Parents

### **Conference Day – Monday 4<sup>th</sup> February 2019**

I am writing to let you know about a Conference Day I have arranged for Year 8 pupils on Monday 4<sup>th</sup> February 2019. The theme for the day is '**Personal Health, Wellbeing and Relationships**'. The pupils will take part in workshops on the following themes:

- Healthy Relationships
- Drug Awareness

All sessions are being run by James Appleyard, an expert in this field with many years' experience in working with teenagers, including pupils at Hollygirt. The emphasis is on raising the pupils' awareness of many of the issues facing teenagers in today's world and promoting a strong sense of self-esteem in order to help them make informed and safe decisions in their own lives.

As always on Conference Days, the pupils do not have to wear school uniform. We do, however, expect them to be smart and dressed appropriately for a positive and engaging day.

Yours faithfully



Mr C Dean  
Deputy Head